

Humanitarian Crisis Analysis 2025

Central African Republic

30 September 2025

1. Crisis overviewi

4/5	2.4 million	1.8 million	\$326 million	27.4 %
Inform severity index	People in need of humanitarian aid (HNRP 2025)	People targeted in the response plan (HNRP 2025)	Required to reach the target (HNRP 2025)	Of the required funding secured (HNRP 2025)
72 MSEK	9.2 MSEK Additional allocation	– Flexible funding	81.2 MSEK Total Sida funding 2025	
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Conflict mainly drives the protracted humanitarian crisis in the Central African Republic (CAR), together with the consequences of the increasing effects of climate change. The context remains unpredictable, with pockets of instability shifting quickly across the country, characterized by clashes between the armed forces, supported by foreign private military, and non-state armed groups. Although the security and humanitarian situation has relatively improved in certain areas in 2025, a large part of the population remains exposed to shocks and their consequences. As of June 30th, 2025, CAR hosted 62,720 refugees and asylum seekers mainly from Sudan, the Democratic Republic of Congo, Chad, South Sudan and Rwanda. At the same time approximately 447,089 internally displaced persons (IDPs) reside in CAR of whom 15% are in sites and 85% live with host communities.

According to the Humanitarian Need and Response Plan (HNRP) for 2025, 2.4 million people (almost half of the total population) are in need of humanitarian assistance, of whom a majority are children (approximately 1.1 million). Major and persistent challenges for humanitarian operations include high operational costs, low state institutional capacity, low development investments and limited presence of development actors, volatile security situation, impeded and constrained humanitarian access, and a decrease in donor funding with a subsequent increase in the funding gap.

2. Humanitarian needs & affected population

The population in CAR is facing insecurity due to ongoing violence. Attacks, thefts, looting and illegal taxation limit the ability of the population to move around, feed their families and earn a living, which has a negative impact on their health, nutrition and protection. Availability of and access to basic services are structurally weak or non-existent in CAR and chronic dependency on humanitarian aid, delivered in replacement mode for the lack of basic services, which undermines the state's responsibility for economic security and the delivery of basic social services. A lack of access to basic socio-economic infrastructure and economic opportunities forces both the displaced and host communities to adapt negative coping mechanisms to meet needs, making them more vulnerable to exploitation and gender-based violence. As CAR approaches legislative, presidential and local elections in December 2025, unrest and insecurity are feared to increase in the country alongside operational hurdles impacting local elections.

In total, 1.8 million out of the 2.4 million people in need of humanitarian assistance are targeted in the HNRP for 2025. There are continued improvements in the security situation in parts of the country and communities are increasingly expressing needs to receive more support in resilience-building and livelihoods, as well as in support to returning IDPs. Therefore the HNRP for 2025 articulates more clearly the difference between needs resulting from humanitarian shocks and those resulting from a lack of access to basic socio-economic infrastructure and services. The latter will need to be addressed by development actors, which is the main reason for the reduced financial requirements of the HNRP in 2025.

Regarding protection, the population faces a high degree of risk across the whole protection spectra. Attacks and threats, forced recruitment, gender-based violence (GBV), presence of explosive remnants of war (ERW) and psychological abuse, are some of the most critical risks. There are several barriers to effective protection, such as ongoing insecurities and hostilities affecting freedom of movement, environmental and logistics constraints, impeded humanitarian access and unavailability of protection services. It is estimated that every hour in CAR, more than two people are victims of GBV, mostly women and girls. According to UNFPA, between January and June 2025, a total of 7,442 GBV cases were registered in 26 per cent of the areas covered by the HNRP. It is clear there are severe gaps in the reporting and registration of GBV cases, however, in addition OCHA reports a drastic drop in funding for GBV prevention and response programs the past year. As of June 2025, only 28 per cent of required funding for the GBV area under the 2025 HNRP has been mobilised. The prolonged humanitarian crisis, which causes increasing stress within households, leads to the adoption of negative coping mechanisms such as survival sex and early marriage of girls, exacerbating GBV and predominantly affecting thousands of women and girls. Women and girls are considerably more exposed to GBV risks due to their role in collecting water and firewood and as a result of underlying socio-cultural norms. CAR ranks at the very bottom of global rankings on gender equality, with issues such as excision, early and forced marriages, early pregnancies and domestic violence. Women and girls also lack access to healthcare while access to sexual and reproductive health services remains a major challenge.

Violence is the key driving factor for people to flee and a substantial part of the population is either internally displaced, refugees or returnees. Approximately 447,089 internally displaced IDPs are recorded in CAR as of June 2025. There are 680,000 refugees from CAR in the surrounding countries, predominately Cameroon, Chad and the Democratic Republic of the Congo. Loss of birth certificates and other legal documents during displacement is common. Access to water, sanitation and hygiene remains a major challenge and many do not have access to adequate housing solution. Thereto, CAR hosts approximately 62,720 refugees and asylum seekers mainly from Sudan, the Democratic Republic of Congo, Chad, South Sudan and Rwanda.

CAR is one of the poorest countries in the world with 71 per cent of the population living on less than 2.15 USD a day. The structural poverty is further worsened by conflict, climate change and the exacerbated humanitarian situation. CAR also has one of the highest proportions of critically food insecure people in the world. The latest data from the Integrated Food Security Classification (IPC) system shows approximately 2.25 million people (one in three people) experiencing high levels of food insecurity in 2025. This includes 481,000 people who are in IPC Phase 4 (Emergency) and 1,74 million people who are in IPC Phase 3 (Crisis). According to IPC the food insecurity is evenly spread across zones, making the whole country subject to crisis levels or above. Particular vulnerable groups are IDPs, returnees and host families, with particular attention to children under five and pregnant and lactating women. In addition, more than 228,400 children aged 6 to 59 months are suffering or expected to suffer acute malnutrition between March 2025 and February 2026, including 61,500 children suffering severe acute malnutrition (SAM). This marks a 30 % increase compared to the same period in 2023.

3. The humanitarian response

The implementation of a multisectoral response is hampered by limited resources, which at times reduces the response to single-sector assistance for people with multiple and overlapping needs, keeping them in a precarious situation. It is acknowledged that there have been continued significant gaps in the humanitarian response, primarily due to several sectors receiving little or no funding. The funding situation remains critical, with a sharp decrease in funding levels compared to previous years, further exemplified by the \$243.4 million funding gap as of October 2025. The least funded sectors are Nutrition, Child Protection, Food Security and Camp Coordination and Camp Management (CCCM).

The humanitarian community for 2025 is aiming to deliver multisectoral assistance focused on people affected by exacerbated vulnerabilities caused by recent shocks. The humanitarian response in the CAR is adapting to the improvement of the security context. In order to optimize available resources, the priority in 2025 is to provide vital and quality assistance to the most vulnerable people in areas affected by recent shocks, where the needs are the most urgent.

The humanitarian response plan has identified seven programmatic priorities 1) centrality of protection 2) increasing Protection from Sexual Exploitation and Abuse (PSEA) 3) gender

mainstreaming in humanitarian response 4) accountability to affected population 5) an increasingly localized response 6) nexus and durable solutions, and 7) access and civil military coordination.

The priority is responding to new shocks and emergencies, with a shift away from addressing needs resulting from insufficient basic social services. At present, humanitarian partners are often the only actors providing access to basic services and facilitating the return of IDPs. To prevent deprivation of conditions where humanitarians phase out, increasing investments by development actors in collaboration with the government will be required. However, a key dilemma for this approach is the limited presence of development actors and funding in the most affected regions.

The global freeze and scale-back of US humanitarian funding announced in January 2025 is having major consequences on aid operations, and the Humanitarian Country Team (HCT) is adapting the response in light of the new funding landscape.

The total requirement is estimated to \$326.1 million for 2025, which is lower than the \$393.5 million for 2024 and \$533.3 million required in 2023. The main donors are US, ECHO, Germany, Norway, Sweden, France, and Canada.

4. Sida's humanitarian allocation

In accordance with the Strategy for Sweden's humanitarian aid provided through Sida (2021-2025), Sida's priorities in CAR will focus on the overall objective regarding provision of life-saving assistance and protection of the most vulnerable groups. Particular focus will be put on assistance and protection reaching the affected population in a timely manner, reaching the affected population in hard-to-reach areas and that assistance reduces the risk and vulnerability of violence.

Sida's 2025 humanitarian partnership portfolio in CAR is proposed to remain in principle the same as 2023 and 2024. The portfolio is oriented towards addressing acute and severe needs of the most vulnerable in sudden and protracted displacement situations and natural hazard events, in the most affected prefectures. Hard-to-reach areas, multi-sector response, flexibility and multi-year funding, integration of protection and localisation are essential pillars of Sida's priorities.

First, regarding response to those most in need of humanitarian assistance in hard-to-reach areas, the newly prioritised UNICEF mobile clinics are expected to be an important response tool in terms of health, one of the most prioritised sectors for the 2025 HNRP. Second, on long-term funding, three strategic partners, Action Against Hunger, International Rescue Committee and Oxfam, that already benefit from the flexibility of the programme-based funding approach (PBA) will be continuously supported with multi-year funding (MYF) in 2023 –2025. Third, with regard to multi-sector assistance and centrality of protection, more or less all of Sida's partners in the CAR portfolio provide a multi-sector humanitarian response in

hard-to-reach areas. They include protection services and mainstreaming of protection in their respective humanitarian programme activities. Fourth, partners are encouraged to support localisation approaches, involving local authorities and partners where possible, even to integrate more sustainable approaches in their respective emergency interventions, where these help address immediate needs and are cost-effective.

INITIAL ALLOCATION (SEK)					
PARTNER	SECTOR	INITIAL ALLOCATION			
AAH	Food Security and Livelihoods, WASH, Health, Nutrition, Protection	9,000,0001			
ICRC	Protection, Water-Habitat, Economic Security, Health, IHL, Tracing	12,000,000			
IRC	Health, Nutrition, Protection, Food Security and Livelihoods	9,000,0001			
NRC	WASH, NFI, Protection, Education, FSL	10,000,000			
Oxfam	Livelihoods and food security, WASH, NFI, Protection	9,000,0001			
PU-I	Health, WASH, Nutrition	9,000,000			
UNICEF	WASH, NFI	14,000,000			
TOTAL		72,000,000			
FLEXIBLE FUNDING & ADDITIONAL ALLOCATIONS 2025 (SEK)					

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PARTNER	FLEXIBLE FUNDING ²	ADDITIONAL ALLOCATION		
WFP - UNHAS	3,929,1693	-		
OCHA Field Coordination ⁴	5,300,000	-		
TOTAL	9,229,000	-		

ⁱ The 2025 initial allocation of humanitarian funding is based on Sida's humanitarian allocation analysis methodology. The analysis reflects the current humanitarian situation across crises and is being updated continuously with the latest available data. The information in the HCA is based on reports, data, and information from partner organisations and other entities, as well as observations from field visits and dialogue with partners.

¹ Of which SEK 8 million already committed in 2023.

² Flexible funding includes a mix of allocations such as funding through Sida's Rapid Response Mechanism and other flexible funding mechanisms.

³ Allocated under financial year 2024 for relief co-ordination and support services.

⁴ Sida provides flexible funding to OCHA's field coordination, and this preliminary allocation is therefore subject to change.